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# SHADY LANE OAKS

• WHAT'S NEW •

## July • 2015

## Issue 5 39th Year

**Happy 4<sup>th</sup> of July!**

**These Monthly Media readers are  
very patriotic and ready to celebrate!**



*Dana Sparrer*



*Joe Hickman & Polly Hunter*



*Bob Hough*

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## July Is...

**Eye Injury Prevention Month.** Eye injuries occur at a rate of more than 2,000 per day, with an estimated 1,000 eye injuries occurring in American workplaces alone. In addition to wearing proper safety eyewear, early detection and treatment of eye conditions and diseases are essential to maintaining good vision throughout your life.



**Independent Retailer Month.** Celebrate independent retailers across the country. Support and shop independent merchants all through the year, and use July as a time to unite for the independent retailers in local communities that help build our economy.

**National Hot Dog Month.** What better month to enjoy a delicious hot dog? The National Hot Dog and Sausage Council estimates that Americans eat over 7 billion hot dogs between Memorial Day and Labor Day, with 150 million consumed on the Fourth of July alone. Do your part.



**Parks and Recreation Month.** This year marks 30 years of Parks and Recreation Month, highlighting the enduring importance of parks and recreation for the world. From the start, parks were created to give us a place to appreciate nature, exercise, socialize, and have fun—a mission that lives on into the future.

## July Daily News...



**World UFO Day, July 2.** Have you had a close encounter? Spread the word on this day that explores the unexplained.

**Independence Day, July 4.** The United States declared its independence from Great Britain on this day in 1776.

**Global Forgiveness Day, July 7.** “To forgive is to offer opportunity for a new beginning to the offender, and provides a process of healing for the victim.”

**Shark Awareness Day, July 14.** As much as we enjoy being frightened by this predator of the sea, remember that the shark has a key role to play in keeping marine ecosystems in balance.



**World Ranger Day, July 31.** Sponsored by the International Ranger Federation to commemorate rangers killed or injured in the line of duty and to celebrate the work rangers do to protect wildlife around the world.

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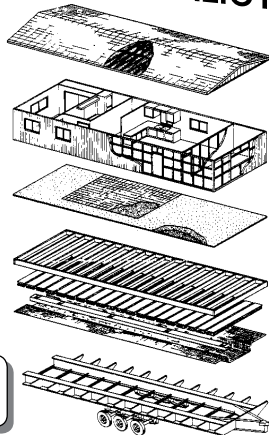
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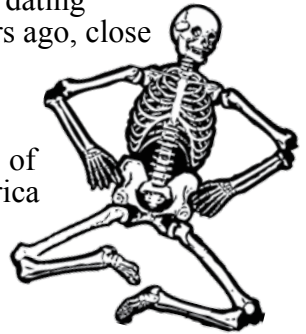
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## Ancient bones offer clues to evolution

Scientists may have discovered a new human ancestor to go along with “Lucy,” the 3.2 million-year-old *Australopithecus afarensis* female from eastern Africa. Dubbed “Little Foot” because of his small bones, this specimen was unearthed in South Africa in the early 1990s. His skeleton was almost completely preserved after falling down a narrow cave shaft and dying there. Whether Little Foot was a relative of Lucy’s or a different pre-human species has been a subject of debate among anthropologists, but a new dating process suggests that Little Foot lived and died some 3.67 million years ago, close to the same time as Lucy.

Although some scientists dispute the accuracy of the dating technique, if it holds up it suggests an evolutionary link between different species of *Australopithecus* in ancient Africa, as well as evidence of where in Africa modern humans began to develop.



## Birds do it, bees do it, and so do amorous mice

From time immemorial, men have wooed their lady loves with romantic (if sometimes off-key) music. Now scientists from Duke University believe that love songs aren’t just for humans. Mice also sing to females they hope to attract, although they aren’t likely using Barry White.



Instead, mice rely on high-pitched sounds outside the range of human hearing, using specific tunes when they smell a potential mate and different ones when they finally set eyes on her. The songs are louder and composed of more complex sounds when they smell a female scent, and get simpler—but longer—when they finally meet face to face. The complex songs seem to attract females, although what specifically draws them close is still uncertain.

**The very striving and hard work that we so constantly try to avoid is the major building block in the person we are today.**

**—Pope Paul VI**



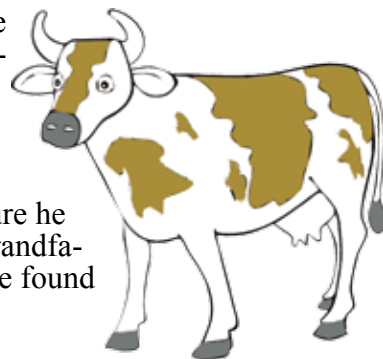
## The strongest bonds

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A farm boy took his cows to the meadows out to pasture every morning and brought them back to the barn at the end of the day. One evening, as he was tying the cows up for the night, he found that he'd lost the piece of rope he needed for the last one.

He couldn't go all the way town to buy more rope, but he didn't want the cow to wander away. So he went to his grandfather for advice.

"Here's what you do," the grandfather said. "Go up to the cow the same way you do every night and pretend to tie a rope around him, then pretend to tie the rope up to his stall. Make sure he sees you doing it, and he'll be fooled." The boy followed his grandfather's advice, and the next morning when he went to the barn he found the cow still there.



He untied all the rest of the cattle and herded them out to pasture for the day. But when he passed by the barn on his way to do his other chores, he noticed the cow was still there. He went to his grandfather again.

The grandfather smiled and said: "You forgot to untie the cow. Go back and pretend to let him loose, and you'll be able to herd him outside."

*Moral: Often what holds us back are the bonds we only think are real.*

## Correct: A Zen parable

---

Two monks could not agree on a problem. Finally they went to the master of their monastery to settle the dispute. They agreed to argue their positions one at a time while the master listened.

After hearing the argument presented by the first monk, the master nodded. "You are correct." The first monk was pleased, but the master then told the second monk to speak his piece.



The other monk made his case. Once he finished, the master gave another nod. "You are correct."

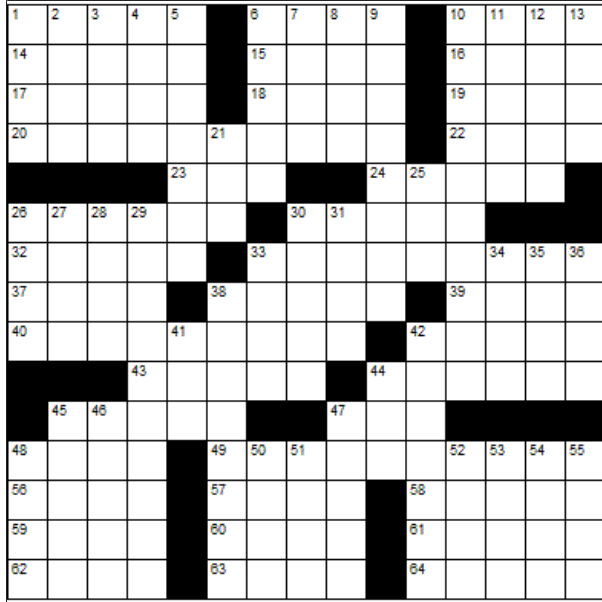
"But master!" the two monks cried together. "We can't both be correct!"

Again the master nodded and smiled. "You are correct."



**ACROSS**

- 1. Daisylike bloom
- 6. Bygone era
- 10. Doing nothing
- 14. Rental agreement
- 15. Matured
- 16. Mangle
- 17. Collection of maps
- 18. Formally surrender
- 19. Rumble
- 20. Shield
- 22. Initial wager
- 23. Bran source
- 24. Shabby
- 26. In a forward direction
- 30. Sudden burst
- 32. Crystal-lined rock
- 33. A guest cabin
- 37. Space
- 38. Without company
- 39. Hawkeye State
- 40. Gift
- 42. Stares
- 43. Poverty-stricken
- 44. Assault sexually
- 45. Extraterrestrial
- 47. Average
- 48. Blockhead
- 49. Astounded
- 56. Hindu princess
- 57. Razes
- 58. France's longest river
- 59. Chocolate cookie
- 60. Stringed instrument
- 61. Move forward suddenly
- 62. Small slender gull
- 63. Hearing organs
- 64. Eagerness



**DOWN**

- 1. Wings
- 2. Collections
- 3. After-bath powder
- 4. Brother of Jacob
- 5. Repair
- 6. Luxury boat
- 7. Curved molding
- 8. Start over
- 9. Without teeth
- 10. Extraneous
- 11. Intimidate
- 12. Vigorously passionate
- 13. If not
- 21. Knave
- 25. Consumed food
- 26. Monster
- 27. A noble gas
- 28. Comes from trees
- 29. Rebuke
- 30. Obdurate
- 31. Breathe hard
- 33. Sleigh
- 34. Exude
- 35. Is indebted to
- 36. Spar
- 38. Willing to comply
- 41. Tiny
- 42. Big ape
- 44. Adult male
- 45. Cognizant
- 46. A protective covering
- 47. Models
- 48. Gait faster than a walk
- 50. Kind of bean
- 51. Unit of pressure
- 52. Not sweet
- 53. Posterior
- 54. Therefore
- 55. Bambi was one



**Happy July 4<sup>th</sup>!**

**July  
Crossword**



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## Support innovation with continuous learning

---

The more you learn, the more material you have for your creative efforts. To master lifelong learning, no matter what your ambitions are, consider these points from the Innovation Excellence website:

- **Laughter is good for the brain.** Find the humor in whatever you do. Laughter will help you remember incidents better, and also generate a sense of security which supports a well-balanced mind.
- **Learn in chunks.** Instead of trying to memorize information in big blocks, concentrate on learning a few individual points at a time. You'll retain more without the mental exhaustion of cramming.
- **Study a foreign language.** Bilingual speakers tend to process information more efficiently than those who speak only one language. People who exercise their brains by learning Spanish, Japanese, or some other tongue frequently find they don't have to work as hard performing other cognitive tasks.



## Keep your mouth shut

---

A turtle was lying on the bank of a river one day when he heard two hunters walk by, talking about how they planned to come back the next day to catch some turtles for soup. He worried all night, because he knew he couldn't outrun the hunters, and in the morning he had a plan.

He saw two birds in the tree overhead. As the hunters approach, the turtle called out, "You up there! Would you help me escape these hunters?"

"What do you want us to do?" the first bird asked.

"I'll hold this stick in my mouth," the turtle said, "and you two pick me up and fly me to the other side of the river."

The birds agreed and flew down to the ground. The turtle clamped a thick stick between its jaws, and the birds slowly lifted him up off the ground.

As the hunters reached the riverbank, they stared in amazement. "Look at those birds! They figured out how to carry a turtle across the river! Those must be the smartest animals in the world!"

Jealous, the turtle cried out: "It was my ideaaaaa ..."





## Doctors may soon use lasers to seal wounds

---

**L**asers are common weapons in science fiction movies, but soon a laser may be used to heal wounds in real life if scientists at Tel Aviv University are successful.

As reported on the Reuters website, the scientists developed optical fiber capable of transmitting infrared light and at the same time measuring the heat of the tissue it's pointed at. This allows them to control the laser's power accurately and use it to "weld" tissue effectively without any burning or scarring. Collagen aids the bonding process, growing firm as the skin cools down.



This laser-aided process may result in stronger bonding with fewer scars than traditional suture offers. Initial tests on humans showed successful healing with less scar tissue; examinations one year after surgery should demonstrate whether the laser produces less scarring than needle and thread.

## Twin suns may support rocky worlds—in theory

---

**M**any solar systems around the universe are binary, with two stars orbiting each other in space. Scientists have long believed that rocky planets can't form in these systems because of gravitational forces that would cause planetesimals (worlds in the process of forming) to destroy themselves in collisions instead of slowly merging with each other. Thus, the common image of a world with two (or more) sunsets on the horizon seemed relegated to movies.

But new studies suggest that planetesimals behave differently than had been thought, according to the Sci-News website. Astronomers previously theorized that small worlds seek a circular orbit, leading to collisions around binary stars; now they believe that planets in these systems may take on an oval orbit as they form, avoiding crashes and eventually accumulating a rocky mass. Such worlds could see more than one sun in the sky, and may be able to support life.



**Nature composes some of her loveliest poems for the microscope and the telescope.**

**—Theodore Roszak**

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## The state of food across the U.S.

Every U.S. state is known for something: slogans, state birds, celebrities, etc. If you're hungry, or planning your vacation menu, consider some of these official state foods found across the country:

- Alaska: Salmon (state fish)
- California: Avocado (state fruit)
- Delaware: Peach pie (state pie)
- Georgia: Grits (state prepared food)
- Illinois: Popcorn (state snack food)
- Louisiana: Sweet potato (state vegetable)
- Maryland: Smith Island Cake—a yellow cake of 8-10 layers with chocolate frosting (state dessert)
- New York: Apple muffin (state muffin)



## The creative process—from the artists who know

What do professional artists, writers, and performers think about creativity? From The Guardian come these thoughts on the process from people who depend on their imagination to do their jobs:

- Guy Garvey, musician. “Just start scribbling. The first draft is never your last draft. Nothing you write is by accident.”
- Polly Stenham, playwright. “I’m very fidgety, and I seem to work best when my hands are occupied with something other than what I’m thinking about. During rehearsals, I find myself drawing little pictures or symbols that are somehow connected to the play.”
- Tamara Rojo, ballet dancer. “An idea never comes to me suddenly; it sits inside me for a while, and then emerges.”
- Mark-Anthony Turnage, composer. “If you get overexcited by an idea, take a break and come back to it later. It is all about developing a cold eye with which to look over your own work.”
- Fyfe Dangerfield, musician. “For me, the image of the tortured artist is a myth—you don’t need to be miserable to write songs. In fact, if I am feeling down, the last thing I want to do is write; though it’s important sometimes just to sit down and get on with it, however you’re feeling. Your creativity is like a tap: if you don’t use it, it gets clogged up.”



## Eliminate the obstacles to a good night's rest

---

A good night's sleep is essential to everyone's health, and yet many people have trouble getting the shut-eye they need. If you're not waking up feeling refreshed and ready to start your day with energy, check out these problems that may be preventing you from sleeping soundly:

- Procrastination. You know you should go to bed, but you let yourself get distracted by household tasks or the TV. Set a firm time limit on your evening and stick to it.
- Caffeine. Avoid coffee and other caffeinated drinks after 3 p.m. The effects can linger for up to seven hours, making sleep difficult by the time you need to go to bed.
- Heat. You may not be sweating, but feeling just a little too warm can keep you from dropping off. Try sticking one foot out from under the covers to balance the temperature.
- Stress. The news, your job, or personal worries can make relaxation and sleep difficult. Practice meditation and other techniques to un-tense your body and your mind.
- Work. If your job starts too early in the morning, you'll have trouble waking up and performing well. Try to negotiate a later arrival time. Emphasize how your productivity will increase if you get the right amount of rest.



## Prevent back pain before it strikes

---

Back pain can make your work difficult no matter what job you do. Lifting heavy items is only one potential source of damage; poor posture and repetitive movements can also cause strain and pain. Keep your back in good shape with these general tips from the Mayo Clinic website:

- Get some exercise. Losing weight and staying in shape will decrease wear and tear on your back muscles. Combine aerobic activity with strength training that stretches and strengthens your stomach and back.
- Practice good posture. Your parents were right when they told you to stand up straight. Make a point of keeping your weight balanced on both feet without slouching. Use a chair with good back support, and make sure it's the right height, allowing you to keep both feet flat on the floor and your knees on the same level as your hips.



## Did You Know About These Great Monthly Media Services?

**Summer Mailings** - If you are heading north for the summer but still want to receive a printed copy of your monthly newsletter, just call our office and sign up for Monthly Media's Summer Mailing Service. We will ship (USPS 1st Class) a printed copy of each month's newsletter to your northern address, for as long as you're away, the cost is \$4 per month. Dozens of residents are already taking advantage. Please see our brightly colored insert for more information.

**Get Your Picture on the Cover** - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are located the bottom of this page.



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**Larger Print Newsletters** - At the request of some residents we are now offering Larger Print Newsletters to those who request them. The newsletter type will be approximately 20% larger (16 pt article body type vs. 12 pt normally). There is a small service charge of \$2 per newsletter for those who request. The larger type newsletters can either be delivered to you every month like they are now or we can mail them directly to your home for an additional \$2 per issue shipping charge. Please call Monthly Media (phone number listed below) for more information.



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# July Sudoku

	5		9					
2	1		3			9		
			7		4			
5					7		3	
4		9	1		8	2	7	
		1			5		8	
		2		4				8
							2	
		8				4		

**Happy 4<sup>th</sup>  
of July!**



1	9	4	2	7	5	8	6	3
3	2	7	6	1	8	5	4	9
8	6	5	9	4	3	2	7	1
9	8	6	5	3	4	1	2	7
5	6	5	3	6	8	9	1	4
4	3	9	1	6	8	2	7	5
4	5	8	6	2	9	7	1	3
2	9	6	8	5	4	7	3	1
7	5	9	6	8	3	4	1	2
6	4	3	8	6	9	2	7	5



# SERVICES DIRECTORY

## **AIR CONDITIONING SALES/SERVICE**

Air Masters of Pinellas, Inc. .... 727-586-6969  
Barron's Air Conditioning..... 727-784-1603  
Modern A/C Service Co. .... 727-541-5541

## **APPLIANCE REPAIR**

Appliance Specialty, Inc. .... 727-520-6002  
Bob's Appliance Repair ..... 727-637-4789  
Sunset Appliance Service ..... 727-559-1137

## **AUTO BODY & PAINTING**

Auto Painters Plus, Inc..... 727-504-6891

## **AUTO SALES / PURCHASING**

Tampa Bay Car Cash..... 727-580-9580

## **AWNINGS**

Bay Area Aluminum Services, Inc. .... 727-585-4442  
Century Awnings Co. .... 727-559-8811

## **BATHROOM REMODEL**

BathMasters..... 727-333-7997

## **CARPET CLEANING**

Bill the Carpet Guy..... 727-521-4163  
Doll Brothers Carpet/Upholstery Clnrs.727-596-2249

## **CLEANING/INTERIOR**

Kathy's Cleaning Service ..... 727-804-1116

## **COMPUTER SERVICES**

Largo Tech Services, LLC..... 727-474-4285  
Notebooks Plus, Inc. .... 727-507-0533

## **DRIVEWAY COATING**

Concrete Wizard, Inc. .... 727-789-5444

## **DUCT / VENT CLEANING**

Velocity Air ..... 727-754-7956

## **ELECTRICAL CONTRACTOR**

E & E Gliddon, Inc. .... 727-546-4343  
Imperial Electrical Service..... 727-535-0708  
Palm Harbor & Dunedin Electric ..... 727-773-1622

## **FLOOR COVERINGS/RETAIL**

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## **FLOOR REPAIR**

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Flatworks..... 727-288-4680  
Perfect Repair & Construction, Inc.... 727-539-0852

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Mason, Dr. Peter M. .... 727-535-1919

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AJ's Beds & Furniture ..... 727-588-0406

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Pinellas Golf Carts, LLC..... 727-754-2923

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Recreational Golf Cars of Florida..... 727-548-8460

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Knobloch Hearing Care, Inc. .... 727-530-3533

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O. E. Wilson - Auto..... 727-535-0524

## **INSURANCE: HEALTH**

Frank Martinez..... 813-403-0053

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Wyngarden Mobile Home Wash ..... 727-587-0876

## **MOBILE HOME WINDOW FILM**

Royal Enterprises..... 727-394-7351

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Socia's Painting & Waterproofing..... 727-345-6856

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Modern Pest Control, Inc. .... 727-410-1466  
Nature's Resource Pest Control..... 727-785-2552

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ASC Aluminum Specialty Contr. .... 727-547-8300  
Bay Area Aluminum Services, Inc. ... 727-585-4442

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## **TIE DOWNS/MOBILE HOMES**

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11



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5

Lic. #C5528

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# JULY • 2015

Sunday	Monday	Tuesday
5	6	
12	13	
19	20	
26	27	

# Shady Lane Oaks

Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4
				Independence Day
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	AUGUST 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

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Pin. Cnty. #C-3950

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38

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25



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The House Doctor

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State Lic.

EC13002291



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## 530-1391

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25

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- Water Heaters • Faucets • Sinks • Toilets
- Disposals • Sewer & Drain Cleaning

## MOBILE HOME SPECIALISTS



## Trust in others rises as people grow older

In a cynical world, trust can seem hard to come by. But new research suggests it may grow as we get older. The World Values Survey, collecting data from more than 200,000 people in 83 nations, found that more than a third of people 80 years old or older agreed with that most people can be trusted, although just a quarter of 20-year-olds said the same.

The results were consistent regardless of nationality, gender, education, and income.

A similar study, analyzing data from the General Social Survey of 1,230 U.S. citizens over time, also found that our willingness to trust increases as we grow older.

One possible explanation: As time goes on, most people tend to simplify their lives and spend more time with their families, resulting in a more positive and generous attitude about the world.



## That morning cup of coffee may be really good for you

A lot of us depend on a cup of coffee or two to get going in the morning. But coffee may have even more significant health benefits. Here's a quick look at what it may do to improve your life:

- **Melanoma.** A study by the National Institutes of Health and the AARP found that the more coffee people drink during the day, the lower their chances of developing melanoma over a 10-year period. Four cups of coffee a day was associated to a 20 percent drop in melanoma risk.
- **Multiple sclerosis.** An analysis of two studies of people diagnosed with MS (one in the U.S. and one in Sweden) found that consuming at least four cups of coffee a day appears to delay the onset of symptoms. The caffeine, researchers say, seems to have neuroprotective properties that inhibit MS development.
- **Liver cancer.** Drinkers of three or more alcoholic beverages a day may be able to cut their risk of liver cancer by drinking coffee, according to a recent World Cancer Research Fund report. Coffee and coffee extracts appear to have a preventative effect on the expression of genes involved with inflammation—an effect that's most prevalent in the liver.



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and more



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Electrical Needs"

**Electric Service**  
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**10%**  
Discount  
on 1st  
Service Call

**18** ★ **15**

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**10% MILITARY DISCOUNT** **727-754-2923**

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For Advertising Info

Call or email:

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**12** ★ Licensed & Insured  
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**Premier**  
**LAMINATE \$3.33**  
Installed  
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☎ 784-1603

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*"Service is Our Specialty"*

We Service  
All Makes & Models

NOW CLEANING &  
SANITIZING DUCTS



28 ★ New Installations 28

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**ANY SIZE**

Cleaning also available for...  
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22 ★ **587-0876** 22



# Grins & Giggles

## A quick learner

An elderly woman named Lillian went to the bank to apply for a \$500 loan. “What do you plan to do with the money?” the loan officer asked.

“I’m going to start my own business making jewelry,” Lillian said.

“OK, do you have any collateral?”

“What’s collateral?”

The loan officer explained that collateral was something of value that Lillian had that would cover the cost of the loan. Lillian had an old car and some stock certificates, but not enough to guarantee the loan.

Still, the banker liked her attitude and decided to take a chance on her. They signed the papers, and Lillian got her loan.

She came back to the bank two months later with a roll of bills in a new, very expensive purse, and she proceeded to pay off her loan with interest. The banker was surprised and pleased, and asked where she was keeping her money.

“Under my mattress,” Lillian said.

“Well, why don’t you keep it with us?”

Lillian looked at him. “Do you have any collateral?”



## Who’s the smart one?

A little boy visited a small a barbershop in his town every day. The barber liked to joke with his customers that the boy always fell for the same trick. He’d put a dollar bill in one hand and two quarters in the other and asked, “Which do you want, son?”

Every time, the boy picked the two quarters. “Two is better than one,” he’d say as he left the shop. One day a customer, fresh from his haircut, ran into the boy on the street. “Listen, son,” he said, “you ought to know that a dollar is worth twice as much as two quarters.”

“I know,” the little boy said.

“Then why do you always pick the two quarters?”

“Because the day I pick the dollar, the game is over!”



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- Inside, Outside & Underneath Termite Treatments
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11

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**535-2629** 11

**Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter**

**14,492 manufactured home residents have won over \$124,374** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

**(Allow 4-6 weeks for mailing of check). This month's cash winners are:**

Roy Martin.....	\$100.00.....	Perfect Repair & Construction
Mary Deperto.....	\$10.00.....	Community Roofing
Bill Janes.....	\$10.00.....	Jones & Sons Plumbing
Dale Anderson.....	\$10.00.....	Kathy's Cleaning
Janice Cook.....	\$10.00.....	Modern Pest Control
Chris Campbell.....	\$10.00.....	Modern Air
Angie Simon.....	\$10.00.....	Largo Automotive
Peggy Gronck.....	\$10.00.....	Boss Electric
Linda Anacreonte.....	\$10.00.....	Ron Wyngarden
Patricia Osdras.....	\$10.00.....	Jean Satterfield
James Patton.....	\$10.00.....	Mobile Home Depot
Philip Scott.....	\$10.00.....	Knoblach Hearing Care
Agnes Meyer.....	\$10.00.....	Largo Plumbing
Constance Rakoczy.....	\$10.00.....	Master Plumbers & Septic
Nancy Eickenberg.....	\$5.00.....	Bob's Mobile Home Washing
Walter Laborn.....	\$5.00.....	Buggin Out
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**New & Used Furniture**



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Complete Line of New Park Place Bedding  
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**12950 Starkey Road • Largo**

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 • Buy • Sell • Trade • Repair • All Brands  
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**Club Car**

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**WANTED DEAD OR ALIVE**  
 Carts Any Condition • Highest Prices Paid

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**Pick Up & Delivery - \$25 Each Way** (In Pinellas County)

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- 12 Years This Location • We Repair Chargers
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FOR MORE CASH**

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**The Only Patented Lifetime  
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**100%  
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**One Piece  
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**WINDOWS**

• **Quality Workmanship • Fast Installations  
• Competitively Priced**

• **GLASS WINDOWS** Custom made windows with a unique combination of beauty, style & durability backed by our AMS warranty.

• **ACRYLIC ENCLOSURES** Your screen room alternative with acrylic panels, removable vents, sturdy aluminum frames & total screen room ventilation.

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**Premium Insulated Siding  
• Fresh New Look • No More Painting**

- Enhance the Beauty and Value of Your Home
- Reduce Your Energy Costs
- Maintenance Free
- Large Array of Designer Styles & Colors
- Accent Your Home with All Types of Decorative Trim and Accessories.

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With our monthly cash give-a-way, **Monthly Mania**, residents can win up to \$100 for simply using the businesses in the newsletter. See the winners listing page toward the end of this newsletter for more info. We give out \$400 monthly to residents just like you!

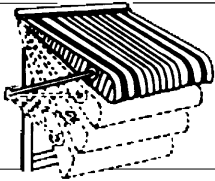
Do you want more chances to win? Let us know any businesses you would like to see advertising in the newsletter. The more advertisers you use, the more chances you have to win!



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<sup>14</sup>

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## HELP WANTED

CRAFTERS WANTED! EBO in Largo needs Crafters for their Show Dec. 5th, from 8-2. Tables are \$20.00 Call Debbie 727-531-3633

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**ATTENTION RESIDENTS!**

Did you know this Emporium/ Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

Thanks!

-Monthly Media Staff

## AUGUST AD DEADLINE - JULY 10, 2015

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
- No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



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Visit Pinellas County's Web site:  
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## INFORMATION SOURCES

### On the Web

[www.pinellascounty.org/emergency](http://www.pinellascounty.org/emergency)

### Government Access TV

Tune in to Pinellas 18 on Pinellas County's cable systems  
(also Webcast live at [www.pinellascounty.org](http://www.pinellascounty.org)).

### Pinellas County Emergency News Service

Receive e-mailed updates from the Pinellas County Emergency Operations Center during emergencies.

Sign up for this free service at  
[www.pinellascounty.org/emergency\\_subscription.htm](http://www.pinellascounty.org/emergency_subscription.htm)

### Evacuation Level Phone Number (727) 453-3150

### During Local Emergencies Only Call the Citizens Information Center (727) 464-4333.

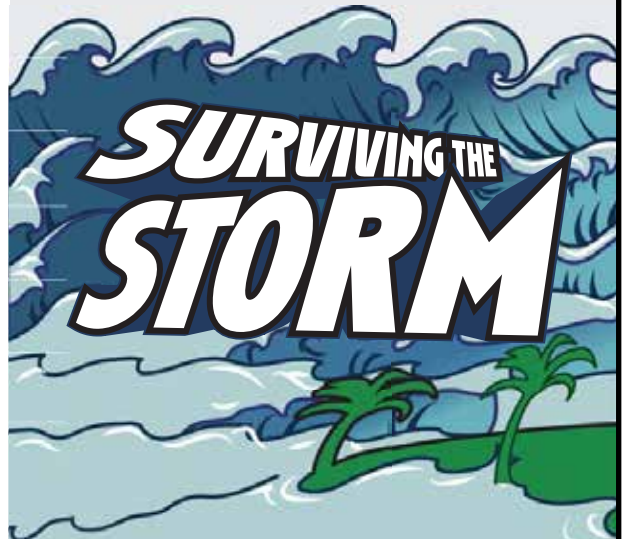
### PINELLAS COUNTY EMERGENCY MANAGEMENT

400 S. Fort Harrison Ave.  
Room 111  
Clearwater, FL 33756  
Phone: (727) 464-3800  
Fax: (727) 464-4024  
TDD: (727) 464-4431  
E-mail: [ema@pinellascounty.org](mailto:ema@pinellascounty.org)

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Produced in cooperation with the Pinellas County Communications Department. 5/05

# Hurricane Preparedness for Mobile Home Residents



## Lessons Learned

# Memory Disorders Clinic



## Your CONNECTION to Memory Disorders Treatment

The Madonna Ptak Center for Alzheimer's and Memory Loss provides comprehensive care to patients with Alzheimer's and other memory loss disorders. Our multidisciplinary approach allows us to offer a variety of services with the goal of reducing the long-term impact of memory disorders and helping the patient live a better functioning life. The elements of the program include:

- A multidisciplinary clinic, including neurology and neuropsychology
- Patient and caregiver support groups
- Laboratory and imaging
- Memory Fit training course for enhancing memory ability
- DriveABLE, a driving evaluation

**For more information:  
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Madonna Ptak Center  
for Alzheimer's and  
Memory Loss at  
Morton Plant Mease  
403 Morton Plant St.  
Suite 402  
Clearwater, FL 33756



**BayCare**

**Morton Plant Hospital**



**The "It's Not Like I'm Drunk" Cocktail**

- 2 oz. tequila
- 1 oz. triple sec
- 1/2 ounce lime juice
- Salt
- 1 too many
- 1 automobile
- 1 missed red light
- 1 false sense of security
- 1 lowered reaction time

Combine ingredients. Shake.  
Have another. And another.

**Never underestimate 'just a few.'  
Buzzed driving is drunk driving.**



U.S. Department of Transportation



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